



Come and join the Valley's swim team!

Ages 7 and up are eligible with a skills test

Competitions available every weekend in the summer

Learn with professionally trained coaches

Perfect your stroke techniques and gain speed

Be a part of a diverse team and make new friends

For more information go to [www.skihiaquatics.com](http://www.skihiaquatics.com) or contact

Coach Melinda at [alamosayouthswimming@gmail.com](mailto:alamosayouthswimming@gmail.com) or

(719) 480-5324