



# 2018 All-Valley Youth Track Meet

May 2, 9:00 AM @ Alamosa High School Stadium (AHS)

General Information for Participating Schools/Competitors

Dear Coach/Parent;

The Alamosa School District has graciously again agreed to host our All Valley Youth Track Meet for kids ages 7-14. We hope you to have your kids participate in what is truly a landmark regional celebration of youth athletics.

## Overview

The "Turbo Jav" throw has replaced the softball throw (More information is available including a technique video at [www.turbojav.com](http://www.turbojav.com)). We will provide two official turbo javs for the competition.

- **The 1500m Racewalk has been eliminated**
- Kids can do three events and three only; two track and one field or one track and two field.
- Age is determined by the child's age as of December 31, 2018

## Registration/Timing

This year, we will be using hip indicators like a traditional high school track meet. **We will register kids in a similar process as in year's past. Please submit your kids' forms together by mail or in person to the Alamosa Family Recreation Center by Monday, April 23<sup>rd</sup> (mailing address below) and make sure the release form is signed by a parent/guardian.** With over 500 kids participating last year; please comply with the registration deadline as you can imagine the work that goes into setting up the meet. **Birth Certificates are not required anymore.**

## Independently Registered Participants (Individuals, home school, etc.)

1. Check-in with event staff to confirm participation no later than 8:30 AM at table set up on the South-side entrance to the Stadium.

## Tentative Schedule of Events

**Track Events** (running): A rolling schedule beginning at 9:00 AM.

\*\*Please be attentive to the announcer calls to the start area as he/she will make 3 calls for each event.

**Field Events** (Turbo Jav Throw & Standing Long Jump): Concurrent beginning at 9:00 AM.

Participants are able to do their field events at any time throughout the course of the day.

## Event Results

Every effort will be made to announce results on-site. Results will also be posted at [www.AlamosaRec.org](http://www.AlamosaRec.org) by 5:00 PM on Monday, May 8.

## Head Event Officials

Head event officials/meet directors will be wearing staff denoted t-shirts and will be available to assist you.

## Restrooms/Concessions/Spectators

*The track and turf infield are off limits for warm-up and the only way to keep kids off the infield during their downtime is with your help. There is plenty of grass around the stadium for a practice area.*

2222 Old Sanford Rd • Alamosa, CO 81101 • Fax 719.587.3541 • 719.589-2105

[www.AlamosaRec.org](http://www.AlamosaRec.org)

*Please remind the kids all food, colored drinks, gum, sunflower seeds and snacks are prohibited on the track and infield. Concessions may or may not be available; it is best to bring some snacks and drinks for your competitors and not have to rely on availability.*

### **First Aid**

General First Aid supplies will be available at the finish line timing area. Emergency Medical Staff WILL NOT be on-site for the meet. The SLV Regional Medical Center EMS is aware of the event and is on stand-by in case of emergency.

### **General Recommendations**

1. HAVE FUN!
2. Drink plenty of water and apply sunscreen frequently.
3. Listen closely to the meet announcer for the running events starting times
4. Keep your group together and cheer each other on!
5. Put in a little extra effort to stay organized. Bring extra adults to help if needed, the day is more fun that way!

### **Event Parking and Bus Loading**

Bus Unloading/Loading and parking is available next to the stadium on the south side.

### **Schedule of Events**

**Running Events - Start 9:00 AM - Exact Schedule Attached Separately**

**Field Events – Start 9:00 AM - Turbo Jav Throw & Standing Long Jump – All Divisions**