

2018 Alamosa Parks & Recreation Youth Volleyball

5th/6th Grade Practices at AFRC / AFRC Front Desk:589-2105

Check www.AlamosaRec.org or "City of Alamosa Activities" on Facebook for latest updates!

January 2018

**Fundamental Clinic w/ASU Volleyball Team for ALL TEAMS/GRADES
Jan 24, 2018; 5:30-6:30PM @ the AFRC! !!**

	Mon	Tue	Wed	Thu
Times	22	23	24	25
5-6PM	5th/6th-Jen (West)		Fundamental Clinic	5th/6th-Jen (West)
5-6PM	5th/6th-Rachael (West)		w/ ASU Volleyball Team	
6-7PM		5th/6th-Alexis (West)	5:30-6:30 PM	5th/6th-Alexis (West)
6-7PM		5th/6th-Amy (West)		5th/6th-Amy (West)
Times		30	31	1-Feb-18
5-6PM	5th/6th-Jen (West)		5th/6th-Rachael (West)	5th/6th-Jen (West)
5-6PM	5th/6th-Rachael (West)			
6-7PM		5th/6th-Alexis (West)		5th/6th-Alexis (West)
6-7PM		5th/6th-Amy (West)		5th/6th-Amy (West)

Parent & Spectator Code of Conduct

- I will provide positive support and encouragement for all players, coaches, and officials when attending ny youth activities.
- I will encourage my child to show good sportsmanship at all games, practices, and events.
- I will place the emotional and physical well-being of participants ahead of any desire to win.
- I will demand the environment be free of drugs, tobacco and alcohol.
- I will do my very best to make youth sports fun for my child.
- I will insist that events will be safe and healthy.
- I will not be involved in any altercation with any parent, spectator, coach and/or official.
- I will not coach or yell instructions at players, coaches, or officials from the sidelines.

February 2018

	Mon	Tue	Wed	Thu
Times				1
5-6PM				5th/6th-Jen (West)
5-6PM				
6-7PM				5th/6th-Alexis (West)
6-7PM				5th/6th-Amy (West)
Times	5	6	7	8
5-6PM	5th/6th-Jen (West)		5th/6th-Rachael (West)	5th/6th-Jen (West)
5-6PM	5th/6th-Rachael (West)			
6-7PM		5th/6th-Alexis (West)		5th/6th-Alexis (West)
6-7PM		5th/6th-Amy (West)		5th/6th-Amy (West)
Times	12	13	14	15
5-6PM	5th/6th-Jen (West)		5th/6th-Rachael (West)	5th/6th-Jen (West)
5-6PM	5th/6th-Rachael (West)			
6-7PM		5th/6th-Alexis (West)		5th/6th-Alexis (West)
6-7PM		5th/6th-Amy (West)		5th/6th-Amy (West)
Times	19	20	21	22
5-6PM	5th/6th-Jen (West)		5th/6th-Rachael (West)	5th/6th-Jen (West)
5-6PM	5th/6th-Rachael (West)			
6-7PM		5th/6th-Alexis (West)		5th/6th-Alexis (West)
6-7PM		5th/6th-Amy (West)		5th/6th-Amy (West)
Times	26	27	28	
5-6PM	5th/6th-Jen (West)		5th/6th-Rachael (West)	
5-6PM	5th/6th-Rachael (West)			
6-7PM		5th/6th-Alexis (West)		
6-7PM		5th/6th-Amy (West)		

March 2018				
	Mon	Tue	Wed	Thu
Times				1
5-6PM				5th/6th-Jen (West)
5-6PM				
6-7PM				5th/6th-Alexis (West)
6-7PM				5th/6th-Amy (West)
Times	5	6	7	8
5-6PM	5th/6th-Jen (West)		5th/6th-Rachael (West)	5th/6th-Jen (West)
5-6PM	5th/6th-Rachael (West)			
6-7PM		5th/6th-Alexis (West)		5th/6th-Alexis (West)
6-7PM		5th/6th-Amy (West)		5th/6th-Amy (West)
	12	13	14	15
	19	20	21	22
	26	27	28	29
5th/6th Grade Teams/Coaches/Contact #			Alamosa Parks & Recreation Contact Information:	
Blue -Jennifer Jackson / (720) 539-5883 Asst. Ginger Thomas			Recreation Center/589-2105	
Red -Alexis Colwell / (303) 547-6761			Youth Volleyball Coordinator; Don Mendoza dmendoza@ci.alamosa.co.us; 587-2524	
Grey -Amy Ortega / 580-9055 Asst. Wendi Weiderman			Facebook Updates: City of Alamosa Activities	
Yellow -Rachael Ringler / (505) 977-3350 Asst. Mallory Grimsrud			Web Updates/Schedules/Info: www.AlamosaRec.org	

Rules and League information can be found on our website: www.Alamosa.org