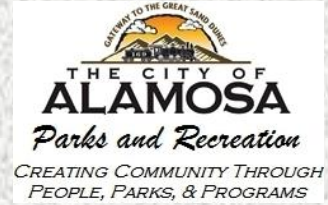


Basketball



Fundamentals

Let's get back to basics!



There are no teams or games in this program; just practice sessions focused on the fundamentals of basketball: dribbling, passing, pivots, lay-ups, jump stops, and shooting form etc... All abilities welcome.

June 12 – July 31, 2018 *(Tuesday & Thursday Afternoons)*

Ages: 7-15

Location: AFRC Main Gym

Mandatory Parent Orientation: Monday, June 11th @ 6:30PM