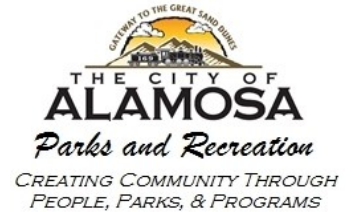


## CONCUSSION TRAINING & CERTIFICATION REQUIREMENT FOR COACHES



In an effort to promote participant safety and comply with state law, we now need all volunteer coaches to complete ONE concussion education course annually. Those with medical licenses (MD, EMT, RN, LPN, etc..) can be exempt from this requirement once a copy of the license has been submitted.

### ***Required by Senate Bill 11-040***

***(1)(a) Each public and private middle school, junior high school, and high school shall require each coach of a youth athletic activity that involves interscholastic play to complete an annual concussion recognition education course.***

***(b) Each private club or public recreation facility and each athletic league that sponsors youth athletic activities shall require each volunteer coach for a youth athletic activity and each coach with whom the club, facility, or league directly contracts with, formally engages, or employs who coaches a youth athletic activity to complete an annual concussion recognition education course.***

Please send a copy or photo of certificate to [dmendoza@ci.alamosa.co.us](mailto:dmendoza@ci.alamosa.co.us) upon completion.

Recognized Education Courses:

Heads Up Concussion Training: <http://www.cdc.gov/concussion/HeadsUp/Training/index.html>

Approx. 30 mins; more user friendly than other two

ACTIVE: Athletic Concussion Training for Coaches: <http://brain101.orcasinc.com/4100/>

Approx. 30 mins; start with "The Basics" video

National Federation of High School (NFHS) Coaching Certification: <https://nfhslearn.com/courses>

Approx. 30 mins; select "Concussion in Sports" course

Coaches only need to complete ONE course each year.

Thank you for your dedication to our programs and participant safety.

Regards,

Don Mendoza

Alamosa Parks & Recreation

Recreation Supervisor

(719) 587-2524

[dmendoza@ci.alamosa.co.us](mailto:dmendoza@ci.alamosa.co.us)