

# 2018 Alamosa Parks & Recreation



## Youth Soccer Fundamental Program

Sessions are offered to U10/U12 & U14 Soccer divisions. This is strictly a fundamentals program teaching the basics of soccer, led by two of ASU's soccer players/coaches, Nikolas Sabbatino & Andrew Ireland. We encourage coaches to use this program as a practice. Parents are also welcome to bring their child as an individual to the sessions. Help us help you as we all work together with our future players of the youth soccer programs. The sessions will be out at the soccer field by the Alamosa Family Recreation Center. Please feel free to utilize this program to assist in helping us focus with both individual and team techniques for our youth soccer players. This Program is only offered to AFRC youth soccer league participants!

### **Focus technique sessions:**

**Individual— Dribbling, Passing, Defense Techniques & more**

**Team — Team Building, Strategic Techniques & more**

**Dates: March 27-May 10**

**Days: Tue's & Thu's**

**Times: 5:15 - 6:30 PM**

**AFRC: 2222 Old Airport Rd., Alamosa, CO 81101, (719) 589-2105**

**Www.AlamosaRec.org / Facebook: City of Alamosa Activities**

**League Director: Don Mendoza, dmendoza@ci.alamosa.co.us**

# FREE!